

COACHING THE BULLY WITHIN

DEFINITION

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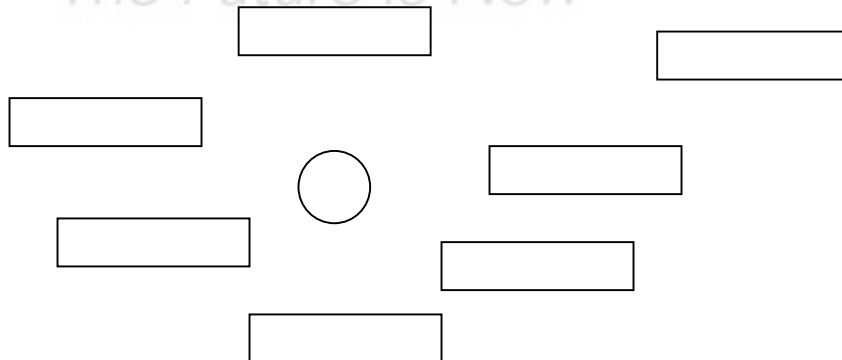
THE COSTS OF BULLYING

- 1.
- 2.
- 3.
- 4.
- 5.

THREE TYPES OF BULLIES

- 1.
- 2.
- 3.

THE BULLY CIRCLE



TYPES OF BULLYING BEHAVIOR

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BASIC COACHING SKILLS

ACCOUNTABILITY

ACKNOWLEDGEMENT

BRAINSTORMING

CHEERLEADING

CLARIFYING

EMPATHIZING

GOALS

IDENTIFYING THE GREMLIN

INSPIRING

LISTENING

OPEN QUESTIONS

POWER OF CHOICES

PRIORITIZING

REFRAMING

VALIDATION

LIFE PRINCIPLES

1. _____ AM _____ THAN I _____ TO _____
2. _____ ARE _____ FOR _____
3. _____ AM _____ FOR A _____
4. _____ AM _____ I _____ TO _____
5. _____ IS _____, _____ IS _____

BASIC COACHING TOOLS

SCALING QUESTIONS

VALUES ASSESSMENT

THE WHEEL

BUTTONS – R v R

SWOT

V 2 V

Randy Nathan, MSW, PCC
President

Project NextGen
160 S. Livingston Ave, Suite 108
Livingston, NJ 07039
(973) 809-3223
coachrandy@projectnextgen.com

