### Using Video to Build Your Business & Brand

Brighton West
Authentic West Films

#### Why do people watch online video?

Entertainment

Inspiration Education

Do your videos do these things?

# 9 Types of Videos Coaches Use to Grow Their Practice



Video Headshot
Client Testimonials
Authority Building Video



Webinars Facebook Live / Snapchat

Lead Generation Videos YouTube Channel



Video Conferencing

E-Courses

## Look Great on Video Every Time

- Soft lighting from front
- Background distractions minimized
- Low noise / good acoustics
- 2-5 feet from subject
- Camera stabilized with tripod, etc.
- Camera at eye level
- Camera rotation is horizontal
- Eyes on upper 3rd line
- Mic on and plugged in
- Eyeline to camera lens
- Superman pose
- Breathe deep
- Smile
- Talk
- Stop

## Find Video Resources and a special offer at www.AuthenticWestFilms.com/ccc

- Free e-course: filming with your iPhone
- Free PDF download and video: 9 Videos for Coaches
- Free video: Guide to Look Great on Camera
- Special offer: Client Testimonial Video (use code CCC)

Brighton West
Authentic West Films
www.AuthenticWestFilms.com
404-247-0189